St. Monica Church 2016-2017 Confirmation Record Booklet

Student Name

Teacher Name

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Saint Profile

Saint's Name:		
Year of Birth:	Year of Death:	
Country where this saint liv	/ed:	
This saint's feast day is cele	brated on:	
This saint is the patron saint of:		

What is this saint most known for?

Why is this saint important to Catholics?

What is an amazing story about this saint?

How did God work in this person's life?

How do you hope to live your life more like this saint?

Spiritual Practices & Devotions

Learned a new fact about my faith								
Learned a new written prayer								
Visited a Catholic website								
Prayed when I woke up								
Prayed before going to bed								
Prayed before a meal			 _			_	 	
Explained my faith to someone								
Did a Random Act of Kindness								
Honored my Parents								
Performed an act of penance								
Prayed in the Adoration Chapel								
Altar served at Mass								
Lectored at Mass								
Went to Confession								
Prayed the Divine Mercy Chaplet								
Wrote a spiritual journal entry								
Prayed the Stations of the Cross								
Praised God through music								
Prayed a novena								
Prayed the Rosary								
Read Scripture								
Prayed in my own words								
Other:								
Other:								
Other:								
Other:								

Do these individually or with family and friends and then color in or check off a box for each instance you perform one of these devotions.

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Spiritual Practices & Devotions Reflection

What spiritual practices and devotions did you find most meaningful? How did you experience and connect with God through prayer over the last several months? What practices or devotions did you try for the first time? How will you choose to continue to pray after Confirmation?



Retreat Reflection

When and where was the retreat held? What was the most meaningful part of the retreat for you? What did you learn that you didn't know before? How has this influenced your understanding of God and your faith?



Christian Service

The Corporal works of Mercy are taken from the Gospel of Matthew, where Jesus tells of how the righteous are ushered in to eternal life because of the merciful deeds they performed in Faith for those in need, and the Book of Tobit where he performs many charitable acts for his people including burying their dead with respect.

"Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' "

Matthew 25:34-36

The Spiritual Works of Mercy are taken from an assortment of verses throughout all of scripture and have been a part of the Tradition of the Catholic Church for over 2,000 years.

How do I go about doing these acts of service?

The following pages list several ideas and organizations in our area where you may be able to fulfill your service obligations. This is by no means an exhaustive list. It is meant to give you some ideas. Do your own research, find a way that you can help someone in need, *directly or indirectly*.

Some things, you can do on your own throughout the course of your daily life. Other things will require that you make a phone call and set up a time to go and serve at a particular organization or ministry.

Can you give us an example of how to fulfill this requirement?

Sure! It could look something like this:

- 1. Called a food bank and helped sort food with my parents on a Saturday—*Feed the Hungry*
- 2. Visited a nursing home and played games with the residents—Visit the sick/imprisoned
- 3. Helped Helping Hands (St. Monica's Ministry that hosts a funeral reception)—Bury the Dead
- 4. Prayed in the Adoration Chapel for my family and friends—*Pray for the living and the dead*
- 5. Tutored younger students after school—Instruct the ignorant
- 6. Stood up for a kid at school who was being made fun of Admonish the sinner



Works of Mercy Ideas

Here are a few examples and ideas for performing the corporal and spiritual works of mercy. This list is by no means extensive. Try and think of other ways where you might be able to bring the love of God to people in need, either directly or indirectly. Feeding the hungry can be handing a bowl of soup to a homeless man, but it can also be deliberately collecting canned goods from your neighbors to donate to Vision Food Share. Being a good listener for a friend who had a bad day can be just as meaningful as spending time with someone who recently lost a loved one.

Corporal Works of Mercy

Feed The Hungry

- Volunteer at North Texas Food Bank: <u>http://www.ntfb.org</u> 214-330-1396
- Volunteer at Minnie's Food Pantry: <u>http://www.minniesfoodpantry.org</u> 972-596-0253
- Volunteer at God's Food Pantry: <u>http://www.godsfoodpantry.com</u> 972-633-9777
- Volunteer at a Catholic Charities food pantry at the Brady Senior Center or Neuhoff Senior Center http://www.catholiccharitiesdallas.org Maureen Dunlap: 214-520-6590 ext. 123
- Contact a local community garden and ask how you can help them grow or harvest food.
- Serve a meal at Austin Street Shelter: <u>http://www.austinstreet.org</u> 214-428-4242
- Prepare or serve food for The Soup Mobile: <u>http://www.soupmobile.org</u> 1-800-375-5022
- Help the Missionaries of Charity organize food for the needy on a Wednesday morning: 214-374-3351
- Serve a meal at The Stewpot: <u>http://www.thestewpot.org</u> Jean Jones: 214-746-2785, ext. 320
- As a family, volunteer with VNA Meals On Wheels for homebound seniors: <u>http://www.vnatexas.org/volunteer/</u> - Katherine Krause: 214-689-2639
- Go grocery shopping for someone who finds it hard to get out.
- Make some sack lunches and drive around as a family to hand them out to people on the street.

Give Drink To The Thirsty

- Plan a fundraiser for Charity: Water or some other water relief organization
- Hand out water to the runners of a race, especially one that may be a fundraiser for charity
- Purchase some bottles of water and drive around as a family to hand them out to construction workers and the homeless.

Clothe The Naked

- Volunteer at a local thrift store sorting clothing (St. Vincent De Paul, Good Will, ReSale by CCA).
- Work together with some friends and their families to "Adopt-A-Family" for Christmas.
- Sort clothes & donations at a crisis pregnancy center such as Birth Choice or White Rose: <u>http://www.whiterosewomenscenter.org</u> or <u>http://www.birthchoicedallas.org/</u>

Shelter The Homeless

- Help with a Youth Project at Habitat for Humanity: <u>http://www.dallasareahabitat.org</u> 214-678-2300 <u>http://www.habitat-scc.org</u> 972-398-0634
- Help Texas Refugee Services set up an apartment for incoming refugees: <u>http://refugeeservicesoftexas.org/Dallas.html</u> 214-821-4422
- Volunteer with Buckner to help orphans and families in need: <u>http://www.buckner.org/locations/tx-dfw.shtml</u> volunteers@buckner.org
- Volunteer at Genesis Women's Shelter or their Benefit Thrift Store: <u>http://www.genesisshelter.org</u> 214-389-7701

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Works of Mercy Ideas

Spiritual Works of Mercy

Instruct The Ignorant

- Tutor a friend or younger students after school
- Volunteer in the religious education classes of younger children
- Help teach kids about Jesus during Vacation Bible School
- Volunteer with a children's literacy program at the local library: <u>http://www.dallaslibrary2.org</u> <u>literacy@dallaslibrary2.org</u>
- Share what you believe as a Catholic Christian with a friend who asks you a question about it.

Counsel The Doubtful / Comfort The Sorrowful

- Visit and spend time with those in a nursing home or hospital.
- Visit an elderly neighbor who may be lonely.
- Be supportive of a friend or family member who recently lost a loved one.
- Encourage someone by your words or by sending a card to someone who is grieving.
- Practice being a good listener.
- Go to your parish office and schedule a Mass for someone who has died and notify the family of the deceased that a Mass is being offered for the repose of the soul of their loved one.

Admonish the Sinner

- Speak up when your friends are doing things you know are wrong.
- Stand up for someone who is being picked on or bullied.

Bear Wrongs Patiently

- Try to control your anger or frustration.
- Choose to avoid gossip when the opportunity to participate in it arises.

Forgive Offenses Willingly

- Don't hold a grudge.
- Make amends with a sibling or relative you may have fought with.
- Forgive a friend who may have done something to hurt your relationship.

Pray For The Living And The Dead

- Pray for an end to abortion as a family outside of an abortion center for an hour. Sign up with 40 Days for Life: https://www.prolifedallas.org/40days
- Attend the annual Pro Life March for Life: January 14, 2017. For more information with a detailed itinerary visit: https://www.prolifedallas.org/.
- Look in the obituaries for people who may have died without any family and attend their funeral.
- Spend time in the Chapel in Eucharistic Adoration praying for others.
- Deliberately offer up the grace you receive at Mass for the benefit of someone else.
- Visit a cemetery and lay flowers at the graves and say a prayer for the repose of the souls of the people buried there.
- Pray a Rosary or Divine Mercy Chaplet for someone you know or for people at war.
- Pray for the souls in purgatory who have no one praying for them.
- Pray for Christians in the Middle East who are being persecuted.





What service did you perform?

Date of service: _____

What Work of Mercy is connected to this service? (circle one):

Visit the sick

Corporal Works of Mercy	
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Feed the hungry

Give drink to the thirsty Visit the imprisoned

Clothe the naked Bury the dead

Shelter the homeless

Spiritual Works of Mercy						
Instruct the ignorant	Forgive offenses willingly					
Counsel the doubtful	Comfort the sorrowful					
Admonish the sinner	Pray for the living & dead					
Bear wrongs patiently						

Please describe the specific service you performed and how it fits into the Works of Mercy.

How did you encounter Christ during your service experience?

What service did you perform?

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Christian Service Reflection

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How did you encounter Christ during your service experience?

Come Holy Spirit

Come Holy Spirit come fill the hearts of your faithful and kindle in us the fire of your love. Send forth your spirit and you shall be created and you shall renew the face of the earth.

O God, who by the light of the Holy Spirit, did instruct the light of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy in his consolations through Christ our Lord. Amen